

Seed of Faith

Lyrics: Poem by Group Publishing, Inc. (adapted)

Music by Ana Paula G. Mummy & Laura Hunt, 2006

I will plant my seed of faith

(Hand Motions (HM): place imaginary seed on open palm)

And water it with prayer

(HM: motion sprinkling water over palm, then palms together like praying hands)

Keep it warm with love

(HM: cross arms over chest like hugging self)

And watch my seed grow

(HM: make C shape with left hand and insert cupped right hand as though plant growing through left hand)

Grow, grow, grow like me!

(HM: squat down and come up slowly in three 'steps' or 'increments' until standing again)