



Purposeful Ongoing Play

Enhancing Language Skills Through Play

Parent Tip Sheet (P.O.P. Sheet) on... Bath Time

- * Find bathtime toys that match your child's interests, such as rubber animals, boats, bath babies, and so on.
- * Below are some ideas that can be used, but don't feel you have to use them all every time you give your child a bath. Just pick 2 or 3 that you feel comfortable with and enjoy doing.
- * As your child plays in the tub, name and talk about the things he/she is playing with or what they're doing. Be intentionally descriptive in your comments.
- * Sings bathtime songs, like *Rubber Duckie* or *Rub a Dub Dub*. If you don't know any or need the lyrics, you can find several online.
- * As you wash your child, talk about what you're doing, "Let's wash your hair with shampoo!" or "I'm washing your feet with soap!" Emphasize body parts and specific items used.
- * This is a great time to teach new vocabulary by modeling, such as body parts, action words (e.g. wash, scrub, splash, pour, rinse, dry), descriptive words (e.g. wet, dry, warm, hot, soapy, dirty, clean), location words (e.g. in, out, on, inside, outside), and other related words (e.g. water, soap, shampoo, conditioner, washcloth, bubbles, towel, bathtub).
- * If playing with rubber animals, name them and talk about what they look like, what they say or do, "The frog is green!" or "The duck says quack, quack!" or "The fish is swimming in the water!"
- * Recite nursery rhymes while your child plays in the tub. If you don't know any, learn one or two that come easy to you.
- * Most of all, enjoy it! You may not have time to make bath time playtime every day, but make a point to let it be playtime at least once each week.



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